



Focus Bulletin

HOLY NAME OF JESUS PARISH – JANUARY 28, 2024

Septuagesima Sunday Niedziela Siedemdziesiątnica

January 28, 2024

Rite: Pew Missal, page 63, Canon, page 84.

First reading: Leviticus 13:1-2,44-46

Psalm: Ps 32:1-2,5,11

R. I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.

Epistle: 1 Corinthians 10:31 – 11:1

Tract: Then a leper approached, did Him homage and said, “**Lord, if You wish, You can make me clean.**”

Gospel: Mark 1:40-45

Intention: For all parishioners.

Celebrant: Rev. Jim Konicki.

Lector: 10am, Joe Kaczynski.

- Holy Mass at 10am (Contemporary Rite, Sung Litany, pg. 63).
- Coffee Hour.
- Holy Mass at Noon (Traditional Rite, pg. 15)

THIS WEEK’S ENTRANCE HYMN

V. There were many lepers in Israel during the time of Elisha the prophet; yet not one of them was cleansed, but only Naman the Syrian.

R. Once I prayed, “Lord, have mercy on me; heal me, I have sinned against You.”

V. Glory be to the Father and to the Son and to the Holy Spirit.

R. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Contact

Holy Name of Jesus

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Today’s Music

- Entrance: R258, When I Survey.
- Sacrament of the Word: B100, I Have No Fear.
- Offertory: B86, O My Jesus.
- Communion: Tree Of Life (handout).
- Communion Reflection: B155, Hallowed Be Forever.
- Recessional: B110, Cross Of Compassion.

+++ Reminders & Notes +++

- **Keep inviting people to meet the Lord and join in worship and fellowship.**
- **Valentine’s Raffle:** Additional tickets are available on the back table if you need them. Please help us in supporting youth attendance at Kurs and Convo. Because it is a leap year, there are additional chances to win.
- **Formal Notice:** Our Annual Parish Meeting, Election of Officers, and Presentation/Vote on simplified cemetery rules and regulations will be held next Sunday, February 4th. There will be only one Holy Mass that day at 10am.
- **Souper Bowl Sunday** is February 11th. The soup pot is out for your donations supporting the work of Schenectady Community Ministries.
- **The Season of Pre-Lent or Septuagesima** lasts for the two and a half weeks, ending with the start of Great and Holy Lent on Ash Wednesday. This year Pre-Lent is observed from January 28th through February 13th. This time represents the number of weeks to Passion Sunday which is then two weeks before Easter. The intention of this brief season is to provide a suitable period for all of the members of the Church to adequately prepare for Great Lent. Remember that currently Fridays are Fast days (abstinence from meats).
- **Our Seniorate Lenten Retreat** is Saturday, March 16th in Syracuse. Please plan to attend as part of your Lenten observance.

We invite all who believe in the true presence of Christ in the Holy Eucharist to partake. It is our practice to distribute the Holy Eucharist, the Body and Blood of Christ, by placing the elements on the tongue, never in the hand.

--- *And He said to them, “Go into all the world and proclaim the gospel to the whole creation.”* ---

He said to him, "See that you tell no one anything, but go, show yourself to the priest and offer for your cleansing what Moses prescribed; that will be proof for them." The man went away and began to publicize the whole matter. He spread the report.

Here we are. Pre-Lent. Septuagesima, a time vitally important for our own good, the benefit of our souls, and the attainment of the graces we need to enter Lent head on.

As many of you know, I love to cook. One YouTube channel I regularly watch is Chef Jean Pierre. He's been around awhile, used to have a PBS show, was on the major networks, owned a restaurant, and had a cooking school. He transitioned from the cooking school to teaching videos. He is also quite funny.

In any event, one key thing he

continually reminds his viewers about (including – the onion is always number one) is the 'mise en place.'

Literally, it is the preparatory stage of getting everything together, pre-preparation for the cooking.

Let's say you were making a stew or soup. You would pre-cut the meats and vegetables and array them before you along with the herbs, spices, liquids, and anything else you need. You wouldn't turn on the burners until everything was in place, mise en place.

Believe me, learning this tip saved me tons of aggravation (where is that ingredient) and burned food.

It is interesting how the ordinary things in life derive from our shared faith experience.

Pre-Lent is our pre-prep or our mise en place for Lent. We are

called to get everything ready for the Lenten journey only two-and-a-half weeks away.

Think of all the mise en place in our lives. I know I have walked into tests without pre-preparation – learned very quickly it was not a good idea. Coaches, teachers, doctors, trainers require us to pre-prepare. They learned from the Holy Church's call to preparation for Lent, the most vital of times for our souls.

Brothers, sisters, our soul is the most important thing we carry within us, for from it – when it is aligned with God – flows every good thing. So today, we are called to get ready, to put all in place for the good of our everlasting souls during the Great Lent.

Let us resolve to meet Ash Wednesday head-on, prepared and ready to go.

Memory Verse

Go to the ant, O sluggard; consider her ways, and be wise. Without having any chief, officer, or ruler, she prepares her bread in summer and gathers her food in harvest.

Proverbs 6:6-8

Time to Study God's Word

SUNDAY: Luke 14:28

MONDAY: Romans 13:11

TUESDAY: Luke 12:47

WEDNESDAY: Ezekiel 38:7

THURSDAY: Hebrews 11:7

FRIDAY: 1 Corinthians 16:13

SATURDAY: Romans 12:2

Pray the week:

Lord Jesus, Grant that I may use this time of preparation wisely, getting ready to meet head-on the call of Lent. Amen.

PRAYER INTENTIONS

Jasmine Russo, Laura Covari, Stan Podkulski, Mariea Chase, Joseph Peplowski, Kelly Noble, Elizabeth Węglinski, Claudia Bertasso, John Clas, Virginia Lamb, Curtis Szczepkowski, Joshua Moraski, Sue & Roger White, Helen Pasiak, Jessie Feathers-Ostrowski, Joanne Bauer, Madison Sheridan, Joe Barratiere, Tom Abbot, Derek Westcott, Karen Kisch, Gregory Henderson, Vince Cacamo, Theresa Ordon, Robert Baia, Michelle Zawistowski, Allyson Keyser, Amanda Carr, Susan Jones, Garry Packer, Gary & Sandra Tatlock, Shirley Maliszewski, Fred Hendricks, Theresa, Carla, Francine, Eileen, Joyce Colson, Karen Weyant, Charles Hobbib, Helen Spencer, Steve and Claudia Miller, Michael Clough, Frances Gary, Dan Crawley, Bob Chelkowski, Lyle, Ralph Zell, Phil Wielewinski, Brian Rohan, and all in need of God's healing.

- All those who serve in the Armed Forces of the United States esp. Michael Angehr, Mark Collins, Patric Jones, Timothy Olsen, Charlie Prothero, Fr. Joseph Kolek, Fr. Andrew Bilinski, Fr. Stan Jasiurkowski, Fr. Andrew Tenus.
- All those in Public Service: Civil Servants, Police Officers, and Fire Fighters.
- All Active and Retired Clergy of the Holy Polish National Catholic Church.
- All Students and Teachers at Mont Pleasant Middle School
- The residents and staff of City Mission of Schenectady
- All who have asked for our prayers for any need or intention.

This week we remember and pray for the work of the Spójnia Credit Union.

Bless them, O Lord! Pobłogosław im, O Boże!

Upcoming

- **January 28: Septuagesima Sunday. Pre-Lent Begins. Also, Music Scholarship Sunday. Holy Mass at 10am and Noon. Lector: Joe Kaczynski.**
- **January 29: NO Holy Mass.**
- **January 30: Holy Mass at Noon. Infant of Prague Chaplet (in Polish).**
- **January 31: Holy Mass at Noon.**
- **February 1: Holy Mass at Noon.**
- **February 2: Solemnity of the Presentation. Holy Mass at Noon with Blessing of Candles.**
- **February 4: Sexagesima Sunday. Holy Mass at 10am only. Lector: Lauren DeBlois. Annual Parish Meeting.**
- **February 5: NO Holy Mass.**
- **February 6: Holy Mass at Noon. Infant of Prague Chaplet (in Polish).**