

# Focus Bulletin

HOLY NAME OF JESUS PARISH – MARCH 15, 2020



# **3rd Sunday of Lent** III Niedziela Wielkiego Postu

March 15, 2020 Rite: Pew Missal, page 63, Canon, page 84. First reading: Exodus 17:3-7 Psalm: Ps 95:1-2,6-9

**R. If today you hear his voice, harden not your hearts.** Epistle: Romans 5:1-2,5-8 Gospel: John 4:5-42

Intention: 9:30 and 11:30am for Diving Providence, healing, and sp Carole Ampol (req. by Joanie Caska). Celebrant: 9:30am and 11:30am Rev. James Konicki.

Lector: 9:30am Larry Panfil, 11:30am Claudia Bertasso

- Prayers at 9:20am, Holy Mass at 9:30am (Contemporary Rite). Ordinary music ppg. E1 to E3. Prayers for Divine Providence.
- Coffee Hour, SOCL Classes
- Holy Mass at 11:30am (Traditional Rite).

#### THIS WEEK'S ENTRANCE HYMN

V. As the deer longs for streams of water, so my soul longs for You, O God. My being thirsts for God, the living God. When can I go and see the face of God?

R. O God, You are my God - for You I long! For You my body yearns; for You my soul thirsts like a land parched, lifeless, and without water.
V. Glory be to the Father and to the Son and to the Holy Spirit.
R. As it was in the beginning, is now, and ever shall be, world without end. Amen.

## 4th Sunday of Lent IV Niedziela Wielkiego Postu

March 22, 2020 Rite: Pew Missal, page 63, Canon, page 84. First reading: 1 Samuel 16:1,6-7,10-13 Psalm: 23:1-6

**The Lord is my shepherd; there is nothing I shall want.** Epistle: Ephesians 5:8-14 Gospel: John 9:1-41

Intention: 9:30 and 11:30am for Diving Providence and healing. Celebrant: 9:30am and 11:30am Rev. James Konicki. Lector: 9:30am Joe Kaczynski, 11:30am Claudia Bertasso

- Prayers at 9:20am, Holy Mass at 9:30am (Contemporary Rite). Ordinary music ppg. E1 to E3. Prayers for Divine Providence.
- Coffee Hour, SOCL Classes
- Holy Mass at 11:30am (Traditional Rite).

### NEXT WEEK'S ENTRANCE HYMN

V. Lead out the people who are blind though they have eyes; who are deaf though they have ears. Let all the nations gather together, let the peoples assemble!

R. Pay attention to this, foolish and senseless people who have eyes and see not, who have ears and hear not. Should you not fear Me, says the Lord, should you not tremble before Me?

V. Glory be to the Father and to the Son and to the Holy Spirit. **R.** As it was in the beginning, is now, and ever shall be, world without end. Amen.

We invite all who believe in the true presence of Christ in the Holy Eucharist to partake.

It is our practice to distribute the Holy Eucharist by intinction. The Body and Blood of

Christ are placed on the tongue, never in the hand.

## Contact



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# Upcoming...

- March 15: 3rd Sunday of Lent. Holy Mass at 9:30 and 11:30am.
- March 16: Holy Mass for Healing with Anointing at 6:15pm. Parish Committee Meets.
- March 17: Commemoration St. Patrick of Ireland.
- March 19: Solemnity St. Joseph, Spouse of the B.V.M.
- March 20: Stations of the Cross, 7pm.
- March 22: 4th Sunday of Lent. Holy Mass at 9:30 and 11:30am.
- March 24: Feast St. Gabriel, Archangel.
- March 25: Solemnity Annunciation of the B.V.M.
- March 29: Passion Sunday.
   Passiontide Begins. Holy Mass at 9:30 and 11:30am.
- April 1: 154th Anniversary, Birth of Bishop Francis Hodur.
- April 5: Palm Sunday. Holy Mass with Blessing and Distribution of Palms at 9:30 and Holy Mass at 11:30am.

**Sick Calls and Hospital Visits** – Please know that hospitals will not advise parishes when an individual is admitted. Confidentiality regulations prevent them from doing so. If someone is admitted please let Pastor Jim know so he might visit, pray with, anoint, and bring Jesus' healing presence to them. Call Pastor Jim at 518-522-0944.

### Seven

If today you hear his voice, harden not your hearts.

Throughout this Lent we are delving into the problem of sin and are using our study to set strategies that move us from hard-hearted self-centeredness and spiritual shortcoming to a life deep in line with the life of Jesus. Walking through the seven deadly sins and their antidote, the seven contrary virtues, we find what is required of us. In doing what is required we grow stronger. Having grown stronger, we will walk out of Lent armed with God's grace and we will overcome!

We have covered pride and envy. Today we will focus on gluttony and lust, two closely related deadly sins. Both have to do with inordinate desire - for more than we require and for the pleasures of the body.

right here, locally. Gluttony and lust have taken hold - just look at the paper products, hand sanitizer. or the bread aisle in stores. We of abstinence and chastity. A selfdenial that raises Christ above all things. Putting Jesus first and trusting in Him shows the world where our great love lives.

Jesus encounters the Samaritan woman at a well. Through their talk Jesus draws out her confession. He presents her with the chance for living water - His baptism, word, and forgiveness. She is shocked, for Jesus tells her everything she had done. Those tough sins of gluttony and lust that had controlled her life were laid bare. Her encounter with Jesus bore fruit, the time to get it right and to be evolved in their faith. Now, no longer reliant on her word alone, and to personally experience His living water.

Coronavirus/COVID19

My dear brothers and sisters,

Look at our world right now,

We face a time of particular challenge in today's world. We have heard how the novel COVID19 virus is spreading in various communities. A state of emergency has been declared in various states, including New York. In an abundance of caution and so to be prepared please note the following:

Being careful is simple: Good self-care practices are the best defense. This includes maintaining social distance from others (a space of about 6 feet); Frequent hand washing; Covering coughs and sneezes with your arm; Avoid touching your face; and Avoiding handshakes, hugs, social kissing, and unnecessary social gatherings. If you are not well stay home and participate in Holy Mass remotely.

Use this time wisely: Increase prayer, implore the intercession of the Blessed Virgin, saints and blesseds, increase spiritual reading, put your faith in Him Who overcomes all things. Do not let FEAR rule and run your life.

FEAR! The greatest thing we have to fear is fear itself - a good quote to keep in mind. Anxiety and fear cause us to make mistakes and even to take actions unhelpful for ourselves and others. Panic buying - don't do it. Be aware, people are taking advantage. Criminals are already profiting off the situation and people's desire to learn more. There are now scams that attempt to steal personal information or to infect your electronic devices with malware and ads that peddle false information or scam products. Fear also causes people to discriminate. Remember, this virus will pass one day - but the virus of discrimination will set in and destroy us as people.

In church: Holy Water will remain in place. Please remember that the use of Holy Water, while a pious practice, is not required or necessary. We encourage you to exercise appropriate caution. The Sign of Peace is not a required part of the Holy Mass, it is optional, and will be discontinued for the time being. Greetings after Holy Mass will continue, but please avoid handshaking, hugs, and kisses. Holy Communion - we have implemented extra hand sanitization measures prior to and after Holy Communion. Besides the several rounds of hand washing clergy already do, an extra step with sanitizer will take place before and after Holy Communion. Remember that there is no corruption in the Body and Blood. Spiritual Communion - no person should be subject to judgment should they not go up for Holy Communion. A pious practice, if one cannot go or needs to abstain from receiving is to make a spiritual communion. To do so, during communion, pray: My Jesus, I believe that you are in the Blessed Sacrament. I love you above all things, and I long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you  $\underline{\Phi}$ have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen. Social Distance our parish is and will always be a beautiful family. To protect each other, lets spread out more and as we do so, pray that we may continue to spread God's great power and love. He is powerful to overcomes any challenge. Coffee Hour - will be suspended for the time being to avoid high touch surfaces.

Now is the time to witness. It must not be a witness of sin, but of virtue We need to show our reliance on and faith in God, the truth of His need to practice the contrary virtuesword, sacraments, and His living water. We need to be truthful, that we are not in control. We can and should take steps, but none of that puts us in charge. God is in control regardless of whether we see it or not. We need to pray for nonbelievers around the world. Pray that in this time they be protected and that they come to know Jesus' living water by our faith witness. Fear and worry are not the mark of a true Christian. Instead, let us have a faith that conquers worry and a peace beyond understanding. If Lent is about living our faith more for people came to encounter Jesus the unit to get to fight with God. Like the Samaritan woman, let us hear His voice and open our hearts, let us tell of our they came to know Jesus personally that will lead others to Jesus, and in the end, what will save us.

But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.

**Romans 13:14** 

#### Time to Study God's Word

SUNDAY: 1 Corinthians 6:19-20 MONDAY: 1 Corinthians 10:31 TUESDAY: Philippians 3:18-19 WEDNESDAY: Galatians 5:16-26 THURSDAY: Romans 12:1 FRIDAY: James 4:7 SATURDAY: 1 John 2:16

Pray the week

Lord Jesus. crush the sin of gluttony and lust in me and grant me the grace of abstinence and chastity. Let my life witness to Your living water.

# Praying for...

Jasmine Russo, Laura Covari, Alice Houser, Angela Kaminski, Ed Jakubiak, Rick Kaminski, Mariea Chase, Joseph Peplowski, Kelly Noble, Stefan Węglinski, Claudia Bertasso, John Clas, Virginia Lamb, Virginia Rogers, Curtis Sczepkowski, Dolores Konicki, Joshua Moraski, Sue & Roger White, Chris Tatlock, Helen Pasiak, Jessie Feathers-Ostrowski, Joanne Bauer, Madison Sheridan, Amber Tatlock, Kathleen Hietala, Joe Barratiere, Tom Abbot, Derek Westcott, Karen Kisch, Gregory Henderson, Vince Cacamo, Theresa Ordon, Robert Baia, Michelle Zawistowski, Faith, Adam, Allyson Keyser, Amanda Carr, Warren Tatlock, Susan Jones, Garry Packer, Madison Dunlap, Sandra Tatlock, Jan Shufelt, Shirley Maliszewski, Fred Hendricks, Nicholas Emanuele, Theresa, Kit Yarrow, Wayne Wienclawski, Zach, Stanley Ordon, David Urbanski, Greg Kaczmarek, Dewey Rogers, Carla, Anita, Polly, Sherry, William & Frances, Joanne Houser, Ewelina Filyushchenko, Dave Micka, and all in need of God's healing grace.

- All those who serve in the Armed Forces of the United States esp. Garrett Grochowski, Michael Angehr, Mark Collins, Pattric Jones. Fr. Joseph Kolek, Fr. Stan Jasiurkowski, Fr. Sr. Robert Pleczkowski, Fr. Andrew Bilinski.
- All those in Public Service, Police Officers and Fire • Fighters.
- All Active and Retired Clergy of the Holy Polish National Catholic Church.
- All Students and Teachers at Mont Pleasant Middle School
- The residents and staff of City Mission of Schenectady
- All who have asked for our prayers.

We continue in prayer and intercession for one of the parishes or ministries in the Polish National Catholic Church. This week we remember and pray for the people and clergy of St. Joseph's Parish, Westfield, MA.

Bless them, O Lord! Poblogosław im, O Boże!

Coffee Hour: Thank you to all who support our ministry of hospitality. There is a sign-up sheet. Please take a week. We need your help.

Parish Organizations: Did you know that our Parish has many organizations that need you? The YMSofR -Men's Society of the Resurrection Branch 56, ANS Women's Adoration Society, Choir, Parish Committee, and a reconstituted branch 140/168 of the PNU (Spójnia) all need your help. See Pastor Jim.

--- For God gave us a spírít not of fear but of power and love and self-control. ---